

## UHC Pfannenstiel Egg-Maur-Oetwil am See

Christof Maurer  
Dorfstrasse 38A  
8306 Brüttisellen

P: 044 / 833 24 37  
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## Trainingsplan nach Teams 2026/2027 (Ausgabe 11.02.2026) - weitere Änderungen vorbehalten!

Die angegebenen Zeiten sind die effektiv reservierten Hallenzeiten, die Trainer können andere Trainingszeiten angeben.

### Leistungssport (Grossfeld)

|                     | Sommer (04.05.2026 bis 16.10.2026) |             |                       |                 | Winter (17.10.2026 bis 24.04.2027) |             |                |                 |
|---------------------|------------------------------------|-------------|-----------------------|-----------------|------------------------------------|-------------|----------------|-----------------|
| Team                | Tag                                | Zeit        | Ort                   | Art             | Tag                                | Zeit        | Ort            | Art             |
| <b>Herren 1</b>     | Mo                                 | 19:00-20:30 | Kirchwies, Egg        | Team            | Di                                 | 18:45-20:00 | Schürwies, Egg | Technik H1/U21  |
| Nationalliga B      | Di                                 | 18:45-20:00 | Schürwies, Egg        | Technik H1/U21  | Mi                                 | 20:30-22:00 | Schürwies, Egg | Team            |
|                     | Mi                                 | 20:30-22:00 | Schürwies, Egg        | Team            | Fr                                 | 19:00-20:30 | Kirchwies, Egg | Team            |
|                     | Fr                                 | 19:00-20:30 | Kirchwies, Egg        | Team            |                                    |             |                |                 |
|                     |                                    |             |                       |                 |                                    |             |                |                 |
| <b>Junioren U21</b> | Mo                                 | 19:00-20:30 | Schürwies, Egg        | Team            | Mo                                 | 19:00-20:30 | Schürwies, Egg | Team            |
| Stärkenklasse C     | Di                                 | 18:45-20:00 | Schürwies, Egg        | Technik H1/U21  | Di                                 | 18:45-20:00 | Schürwies, Egg | Technik H1/U21  |
| (Jun U18C integr.)  | Fr                                 | 20:30-22:00 | Kirchwies, Egg        | Team            | Fr                                 | 20:30-22:00 | Kirchwies, Egg | Team            |
|                     |                                    |             |                       |                 |                                    |             |                |                 |
| <b>Junioren U16</b> | Mo                                 | 17:45-20:00 | Looren (3-fach), Maur | Team            | Mo                                 | 17:30-19:00 | Schürwies, Egg | Team            |
| Stärkenklasse B     | Di                                 | 17:30-18:45 | Schürwies, Egg        | Technik U14/U16 | Di                                 | 17:30-18:45 | Schürwies, Egg | Technik U14/U16 |
|                     | Do                                 | 19:00-20:30 | Schürwies, Egg        | Team            | Do                                 | 19:00-20:30 | Schürwies, Egg | Team            |
|                     |                                    |             |                       |                 |                                    |             |                |                 |
| <b>Junioren U14</b> | Di                                 | 17:30-18:45 | Schürwies, Egg        | Technik U14/U16 | Di                                 | 17:30-18:45 | Schürwies, Egg | Technik U14/U16 |
| Stärkenklasse A     | Mi                                 | 17:30-19:00 | Schürwies, Egg        | Team            | Mi                                 | 17:30-19:00 | Schürwies, Egg | Team            |
|                     | Fr                                 | 17:30-19:00 | Kirchwies, Egg        | Team            | Fr                                 | 17:30-19:00 | Kirchwies, Egg | Team            |

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### Breitensport (Grossfeld)

|            | Sommer |             |                |      | Winter |             |                |      |
|------------|--------|-------------|----------------|------|--------|-------------|----------------|------|
| Team       | Tag    | Zeit        | Ort            | Art  | Tag    | Zeit        | Ort            | Art  |
| Herren 2   | Mo     | 20:30-22:00 | Kirchwies, Egg | Team | Mo     | 20:00-22:00 | Kirchwies, Egg | Team |
| 3. Liga GF | Do     | 20:30-22:00 | Schürwies, Egg | Team | Do     | 20:30-22:00 | Schürwies, Egg | Team |
|            |        |             |                |      |        |             |                |      |
| Damen 1    | Mo     | 20:30-22:00 | Schürwies, Egg | Team | Mo     | 20:30-22:00 | Schürwies, Egg | Team |
| 2. Liga GF | Mi     | 19:00-20:30 | Schürwies, Egg | Team | Mi     | 19:00-20:30 | Schürwies, Egg | Team |

### Breitensport (Kleinfeld)

|               | Sommer |             |                        |      | Winter |             |                        |      |
|---------------|--------|-------------|------------------------|------|--------|-------------|------------------------|------|
| Team          | Tag    | Zeit        | Ort                    | Art  | Tag    | Zeit        | Ort                    | Art  |
| Herren 3      | Mo     | 20:00-22:00 | Blattenacker, Oetwil   | Team | Mo     | 20:00-22:00 | Blattenacker, Oetwil   | Team |
| 4. Liga KF    |        |             |                        |      |        |             |                        |      |
|               |        |             |                        |      |        |             |                        |      |
| Herren 4      | Do     | 20:00-22:00 | Blatten, Männedorf     | Team | Do     | 20:00-22:00 | Blatten, Männedorf     | Team |
| 3. Liga KF    |        |             |                        |      |        |             |                        |      |
|               |        |             |                        |      |        |             |                        |      |
| Herren 5      |        |             | kein eigenes Training  |      |        |             | kein eigenes Training  |      |
| 4. Liga KF    |        |             |                        |      |        |             |                        |      |
|               |        |             |                        |      |        |             |                        |      |
| Damen 2       | Mo     | 20:30-22:00 | Vogelsang, Esslingen   | Team | Mo     | 20:30-22:00 | Vogelsang, Esslingen   | Team |
| 2. Liga KF    | Mi     | 19:30-21:00 | Blattenacker, Oetwil   | Team | Mi     | 19:30-21:00 | Blattenacker, Oetwil   | Team |
|               |        |             |                        |      |        |             |                        |      |
| Damen Plausch | Do     | 20:00-21:45 | Turnhalle Aesch, Forch | Team | Do     | 20:00-21:45 | Turnhalle Aesch, Forch | Team |
|               |        |             |                        |      |        |             |                        |      |
| Senioren Egg  | Fr     | 20:30-22:00 | Bützi, Egg             | Team | Fr     | 20:30-22:00 | Bützi, Egg             | Team |
|               |        |             |                        |      |        |             |                        |      |
| Senioren Maur | Mi     | 20:00-21:45 | Looren (3-fach), Maur  | Team | Mi     | 20:00-21:45 | Looren (3-fach), Maur  | Team |



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### Junioren C (Kleinfeld)

|            | Sommer |             |                      |      | Winter |             |                      |      |
|------------|--------|-------------|----------------------|------|--------|-------------|----------------------|------|
| Team       | Tag    | Zeit        | Ort                  | Art  | Tag    | Zeit        | Ort                  | Art  |
| Junioren C | Mo     | 18:30-20:00 | Blattenacker, Oetwil | Team | Mo     | 18:30-20:00 | Blattenacker, Oetwil | Team |

### Junioren D (Kleinfeld)

|                            | Sommer |             |                       |                 | Winter |             |                       |                 |
|----------------------------|--------|-------------|-----------------------|-----------------|--------|-------------|-----------------------|-----------------|
| Team                       | Tag    | Zeit        | Ort                   | Art             | Tag    | Zeit        | Ort                   | Art             |
| Junioren D Egg             | Do     | 17:00-19:00 | Schürwies (1/2), Egg  | Team            | Do     | 17:00-19:00 | Schürwies (1/2), Egg  | Team            |
|                            |        |             |                       |                 |        |             |                       |                 |
| Junioren D Esslingen       | Mi     | 18:00-19:30 | Blattenacker, Oetwil  | Team            | Mi     | 18:00-19:30 | Blattenacker, Oetwil  | Team            |
|                            | Fr     | 18:30-20:00 | Vogelsang, Esslingen  | Team            | Fr     | 18:30-20:00 | Vogelsang, Esslingen  | Team            |
|                            |        |             |                       |                 |        |             |                       |                 |
| Junioren D Maur            | Mi     | 18:30-20:00 | Looren (3-fach), Maur | Team            | Mi     | 18:30-20:00 | Looren (3-fach), Maur | Team            |
|                            |        |             |                       |                 |        |             |                       |                 |
| Junioren D Oetwil am See   | Do     | 18:15-19:30 | Breiti, Oetwil        | Team            | Do     | 18:15-19:30 | Breiti, Oetwil        | Team            |
|                            |        |             |                       |                 |        |             |                       |                 |
| Junioren D Techniktraining | Mo     | 19:00-20:30 | Vogelsang, Esslingen  | Techniktraining | Mo     | 19:00-20:30 | Vogelsang, Esslingen  | Techniktraining |
| Junioren D Spieltraining   | Di     | 16:00-17:30 | Schürwies, Egg        | Spieltraining   | Di     | 16:00-17:30 | Schürwies, Egg        | Spieltraining   |

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### Junioren E (Kleinfeld)

|                          | Sommer |             |                      |               | Winter |             |                      |               |
|--------------------------|--------|-------------|----------------------|---------------|--------|-------------|----------------------|---------------|
| Team                     | Tag    | Zeit        | Ort                  | Art           | Tag    | Zeit        | Ort                  | Art           |
| Junioren E Egg           | Di     | 16:00-17:30 | Schürwies (1/2), Egg | Team (Open)   | Di     | 16:00-17:30 | Schürwies (1/2), Egg | Team (Open)   |
|                          | Fr     | 17:30-19:00 | Bützi, Egg           | Team          | Fr     | 17:30-19:00 | Bützi, Egg           | Team          |
| Junioren E Esslingen     | Fr     | 17:15-18:30 | Vogelsang, Esslingen | Team          | Fr     | 17:15-18:30 | Vogelsang, Esslingen | Team          |
| Junioren E Maur          | Do     | 18:00-19:30 | Looren TH Nord, Maur | Team          | Do     | 18:00-19:30 | Looren TH Nord, Maur | Team          |
| Junioren E Oetwil am See | Fr     | 17:30-19:30 | Blattenacker, Oetwil | Team          | Fr     | 17:30-19:30 | Blattenacker, Oetwil | Team          |
| Junioren E Spieltraining | Di     | 16:00-17:30 | Schürwies, Egg       | Spieltraining | Di     | 16:00-17:30 | Schürwies, Egg       | Spieltraining |

### Junioren F (Kleinfeld)

|                          | Sommer |             |                        |      | Winter |             |                        |      |
|--------------------------|--------|-------------|------------------------|------|--------|-------------|------------------------|------|
| Team                     | Tag    | Zeit        | Ort                    | Art  | Tag    | Zeit        | Ort                    | Art  |
| Junioren F Egg           | Do     | 17:00-19:00 | Schürwies (1/2), Egg   | Team | Do     | 17:00-19:00 | Schürwies (1/2), Egg   | Team |
| Junioren F Maur          | Fr     | 16:45-18:00 | Turnhalle Aesch, Forch | Team | Fr     | 16:45-18:00 | Turnhalle Aesch, Forch | Team |
| Junioren F Oetwil am See | Fr     | 15:15-16:30 | Blattenacker, Oetwil   | Team | Fr     | 15:15-16:30 | Blattenacker, Oetwil   | Team |



Zürcher  
Kantonalbank



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### Juniorinnen (Kleinfeld)

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|----------------------------------|--------|-------------|----------------------|------|--------|-------------|----------------------|------|
| Team                             | Tag    | Zeit        | Ort                  | Art  | Tag    | Zeit        | Ort                  | Art  |
| Juniorinnen B<br>(Juniorinnen C) | Di     | 18:00-20:00 | Breiti, Oetwil       | Team | Di     | 18:00-20:00 | Breiti, Oetwil       | Team |
| Juniorinnen D                    | Mi     | 17:30-18:45 | Kirchwies (1/3), Egg | Team | Fr     | 17:45-19:15 | Bachtel, Egg         | Team |
| Juniorinnen E                    | Fr     | 16:30-18:00 | Schürwies (1/2), Egg | Team | Fr     | 16:30-18:00 | Schürwies (1/2), Egg | Team |
| Juniorinnen F                    | Mi     | 17:30-18:45 | Kirchwies (1/3), Egg | Team | Fr     | 16:45-17:45 | Bachtel, Egg         | Team |

### Torhüter-Training

|                     | Sommer |             |            |          | Winter |             |            |          |
|---------------------|--------|-------------|------------|----------|--------|-------------|------------|----------|
| Team                | Tag    | Zeit        | Ort        | Art      | Tag    | Zeit        | Ort        | Art      |
| Junioren<br>U14/U16 | Di     | 18:00-20:00 | Bützi, Egg | Torhüter | Fr     | 19:00-20:30 | Bützi, Egg | Torhüter |

